# Mental Status Examination

## Rapid Record Form

**Name**

**Date of birth**

**Gender**  M  F

<table>
<thead>
<tr>
<th>Circumstance of presentation</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Appearance</strong></td>
</tr>
<tr>
<td><strong>Weight</strong></td>
</tr>
<tr>
<td>Obese</td>
</tr>
<tr>
<td><strong>Hair</strong></td>
</tr>
<tr>
<td>Bizarre style</td>
</tr>
<tr>
<td><strong>Other Features</strong></td>
</tr>
<tr>
<td>Wounds</td>
</tr>
<tr>
<td><strong>Grooming</strong></td>
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<tr>
<td>Disheveled</td>
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<tr>
<td><strong>Dress</strong></td>
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<tr>
<td>Undressed</td>
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<tr>
<td><strong>Behavior</strong></td>
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<tr>
<td>Gait/march</td>
</tr>
<tr>
<td><strong>Combativeness</strong></td>
</tr>
<tr>
<td>Cataplexy</td>
</tr>
<tr>
<td><strong>Repetition</strong></td>
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<tr>
<td>Gestures</td>
</tr>
<tr>
<td>Psychomotor Agitation</td>
</tr>
</tbody>
</table>

**Catatonia**

- Cataplexy
- Exited
- Stupor
- Rigidity
- Posturing
- Cerea Flexibilitas
- Negativism

**Speech**

**Speech Rate**
- Rapid
- Slow

**Intelligibility**
- Slurred
- Mumbled
- Stutters
- Accented

**Volume**
- Loud
- Whispered

**Speech Quality**
- Hesitant
- Emotional
- Monotonous
- Stereotypical
- Unspontaneous
- Echolalia
- Verbigerative

**Speech Quantity**
- Garulous
- Talkative
- Responsive
- Taciturn
- Mutism

**Mood and Affect**

**Mood**
- Ecstatic
- Euphoric
- Expansive
- Elevated
- Euthymic
- Dysphoric
- Anhedonic
- Depressed
- Alexithymic
- Grieving

**Other Emotions**
- Panicked
- Fearful
- Anxious
- Tense
- Agitated
- Apathetic
- Irritable
- Angry

**Other Signs**
- Ambivalence
- Mood Swings

**Neuro-Vegetative**
- Anorexia
- Insomnia
- Hypersomnia
- Diminished Libido
- Constipation

**Affective Expression**
- Normal
- Restricted
- Blunted
- Flat

**Appropriateness**
- Appropriate
- Inappropriate
- Labile

**Current Treatment**
- Current psychotherapy
- Current psychoactive medication

**Perception**

**Hallucinations**
- Hypnagogic
- Hypnopompic
- Auditory
- Visual
- Olfactory
- Gustatory
- Tactile
- Somatic
- Lilliputian
- Mood-congruent
- Mood-incongruent
- Hallucinosis
- Synesthesia
- Trailing

**Disassociation**
- Hysterical anesthesia
- Macropsia
- Micropsia
- Depersonalization
- Derealization
- Fugue
- Multiple personality

**Agnosia**
- Anosognosia
- Autotopagnosia
- Visual agnosia
- Astereognosia
- Prosopagnosia

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<table>
<thead>
<tr>
<th>Thought Process</th>
<th>Content of Thought</th>
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<tbody>
<tr>
<td>□ Phobia</td>
<td>Simple</td>
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<tr>
<td></td>
<td>Social</td>
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<tr>
<td></td>
<td>Acrophobia</td>
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<td>Agoraphobia</td>
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<td>Claustrophobia</td>
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<td></td>
<td>Xenophobia</td>
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<td></td>
<td>Zoophobia</td>
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<tr>
<td>Thought Form</td>
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<tr>
<td>General</td>
<td>Mental disorder</td>
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<td>Neurosis</td>
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<td>Psychosis</td>
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<tr>
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<td>Condensation</td>
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<td></td>
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<td>Blocking</td>
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<td></td>
<td>Glossolalia</td>
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### Preoccupations

#### Suicidal Ideation
- Ideation history
- Previous attempt/s
- Current ideation
- Impulsiveness
- Viable plan
- Available means
- Settling of affairs

#### Hostile Intent
- Previous intimidation
- History of violence
- Current intent
- Impulsiveness
- Viable plan
- Available means

### Risk Assessment

#### Hostile Intent
- Previous intimidation
- History of violence
- Current intent
- Impulsiveness
- Viable plan
- Available means

### Other

- Phobia
- Simple
- Social
- Acrophobia
- Agoraphobia
- Claustrophobia
- Xenophobia
- Zoophobia

### Thought Form

#### General
- Mental disorder
- Neurosis
- Psychosis
- Reality testing
- Formal thought dis.
- Illogical thinking
- Dereism
- Autistic thinking
- Magical thinking
- Concrete thinking
- Abstract thinking

#### Specific
- Neologism
- Word salad
- Circumstantiality
- Tangentiality
- Incoherence
- Perseveration
- Condensation
- Irrelevant answers
- Loosening
- Deraiment
- Flight of ideas
- Clang association
- Blocking
- Glossolalia

### Disturbances of speech

- Pressured
- Voluble
- Poverty of Speech
- Poverty of Content
- Dysprosody
- Dysarthria

### Aphasic Disturbances
- Motor
- Sensory
- Syntactical
- Jargon
- Global

### Sensorium & Cognition

#### Consciousness
- Disoriented
- Clouding
- Stupor
- Delirium
- Coma
- Coma vigil
- Twilight state
- Dreamlike state
- Somnolence

#### Orientation
- Time Disorientation
- Place Disorientation
- Person Disorientation

#### Concentration
- Serial 7's inattention
- Easily distracted
- Often distracted

#### Memory
- Remote memory deficit
- Recent past deficit
- Recent memory deficit
- Immediate recall deficit

#### Information & Intelligence

#### Attention
- Distractible
- Selective attention

#### Suggestibility
- Folie à deux
- Hypnotized

#### Memory
- Localized amnesia
- Generalized amnesia
- Selective amnesia
- Continuous amnesia
- Pseudomnesia
- Fausse reconnaissance
- Retro. falsification
- Confabulation
- Déjà entendu
- Déjà pensé
- Déjà vu
- Jamais vu
- Hypermnesia
- Eidetic images

### Intelligence

- Mild retardation
- Moderate retardation
- Severe retardation
- Profound retardation
- Dementia
- Pseudodementia

### Judgment

- Critical
- Automatic
- Impaired

### Insight

- Impaired insight
- Denial of disorder
- External locus of disorder
- Intellectual insight
- True insight

### Reliability

- Reason to fake bad
- Reason to fake good
- Compulsory examination

### Summary

### Global Functioning

- 10 Imminent harm
- 20 Possible harm
- 30 Serious Impairment
- 40 Major Impairment
- 50 Serious Symptoms
- 60 Moderate Symptoms
- 70 Mild Symptoms
- 80 Slight Impairment
- 90 No Symptoms
- 100 Superior Function

### Indications & Recommendations

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Selected glossary

Abstract thinking. Thinking characterised almost exclu- sively by cognitive abstractions, rather than immediate sensory experience.

Acrophobia. The fear of heights.

Agoraphobia. Fear of being in places or situations in which escape might be difficult or embarrassing, or in which help may not be available should a panic attack occur.

Alexithymic. Relatively undifferentiated emotions (unable to identify or express emotion), and thinking tends to dwell excessively on the mundane. Detached, and may seem disassociative.

Anhedonic. An inability to enjoy anything, even things once enjoyed.

Anosognosia. Ignorance of the presence of disease, specifically of paralysis.

Agoraphobia. The inability to recognise common objects by touch.

Autistic thinking. An abnormal absorption with the self, marked by interpersonal communication difficulties, a short attention span, and inability to treat others as availability.

Automatism. Automation refers to activity performed without conscious awareness and usually followed by complete amnesia.

Autotopagnosia. A condition where one cannot identify or describe their own body parts. Individuals can dress themselves appropriately and use their body normally, but cannot talk about their bodies.

Bizarre Delusion. A delusion that involves a phenomenon that the person's culture would regard as totally implausible.

Blocking. Repeated and abrupt halt to speech as a result of losing one's train of thought.

Cataplexy. A trance-like state with loss of voluntary motion and ability to react to stimuli.

Cataplexy. Sudden, dramatic deceleration in muscle tone & loss of deep reflexes that leads to muscle weakness, paralysy, or postural collapse. Usually caused by outburst of emotion: laughter, startle, or sudden physical exercise; one of the symptoms of narcolepsy.

Cerea Flexibilitas. Waxy flexibility in which a bit remains where placed, often seen in catatonia.

Circumstantiality. Slowly thinking incorporating unnece- ssary trivial details. Eventually the goal of the thought is reached.

Clang association. Speech in which words are chosen because of their sounds rather than their meanings.

Clausphobia. Fear of being trapped in confined spaces.

Coma vigil. A mental state in which the person has contained hallucinations.

Concretions. In the normal range, neither depressed or euphoric.

Concreteness. Concrete thinking. Rather than differentiation, the belief that one's thoughts are not one's own, but rather are inserted into one's mind.

Coturnism. Difficulty producing speech.

Coturnism. A mental state in which the person is not mood appropriate.

Conversion. A plausible but imagined memory that fills the void that one's thoughts, words, or actions will cause or prevent a specific outcome in some way that defies commonly understood laws of nature.

Idiopathic. Idiopathic loss of deep reflexes that leads to muscle weakness, and failure to react to stimuli.

Involuntary repeating of certain words or phrases.

Interference. The belief that one's thoughts, words, or actions will cause or prevent a specific outcome in some way that defies commonly understood laws of nature.

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