

Center for Neurologic Study-Lability Scale (CNS-LS) for pseudobulbar affect (PBA)

The CNS-LS is a short, self-administered questionnaire, designed to be completed by the patient. It provides a quantitative measure of the perceived frequency of PBA episodes and can help physicians accurately diagnose PBA.

Patient name: _____ Date: _____

Using the scale below, write the number that describes the degree to which each item applies to you **DURING THE PAST WEEK**. Write only 1 number for each item, then add the numbers and enter the total at the bottom.

Never	Rarely	Occasionally	Frequently	Most of the time
1	2	3	4	5

Questions	Answers
I find that even when I try to control my laughter I am often unable to do so	
I find that I am easily overcome by laughter	
There are times when I won't be thinking of anything happy or funny at all, but then I'll suddenly be overcome by funny or happy thoughts	
Others have told me that I seem to become amused very easily or that I seem to become amused about things that aren't really funny	
I find myself crying very easily	
There are times when I feel fine one minute, and then I'll become tearful the next over something small or for no reason at all	
I find that even when I try to control my crying I am often unable to do so	
Total Score:	

A CNS-LS score of 13 or higher may suggest PBA.

This questionnaire is not intended to substitute for professional medical assessment and/or advice.