

**Table 1. General Core Competencies for Board-Certified Physicians<sup>a</sup>**

Categories	Description
Patient Care	Provide care and treatment that is compassionate, appropriate, and effective for health problems and to promote health
Medical Knowledge	Demonstrate knowledge about established and evolving biomedical, clinical, and cognate sciences and their application in patient care
Interpersonal and Communication Skills	Demonstrate skills that result in effective information exchange and teaming with patients, their families, and professional associates (eg, fostering a therapeutic relationship that is ethically sound, uses effective listening skills with nonverbal and verbal communication; working as both a team member and at times as a leader)
Practice-Based Learning and Improvement	Able to investigate and evaluate their patient care practices, appraise and assimilate scientific evidence, and improve their practice of medicine
Professionalism	Demonstrate a commitment to carrying out professional responsibilities, adherence to ethical principles, and sensitivity to diverse patient populations
Systems-Based Practice	Demonstrate awareness of and responsibility to larger context and systems of health care. Be able to call on system resources to provide optimal care (eg, coordinating care across sites or serving as the primary case manager when care involves multiple specialties, professions, or sites).

<sup>a</sup>Adapted from the American Board of Medical Specialties (ABMS).<sup>1</sup>

**Table 2. Components of the ABPN Maintenance of Certification (MOC) Program<sup>a</sup>**

- 1. Professional Standing**  
Diplomates must hold a license to practice medicine in at least 1 state, commonwealth, territory, or possession of the United States or province of Canada. All medical licenses must be unrestricted.
- 2. Self-Assessment and Lifelong Learning**  
First: Diplomates must participate in at least 2 major, broad-based self-assessment examinations during the 10-year MOC cycle  
One self-assessment activity to be completed in years 1–3 and 1 to be completed in years 6–8 of the cycle  
Examinations must cover current knowledge and/or current best practices in 1 or more competency areas, total at least 100 questions each, and provide feedback to diplomate for basis of focused continuing medical education  
Second: Diplomates must complete an average of 30 category 1 CME credits during each year of the 10-year MOC cycle  
150 hours to be completed in years 1–5 and 150 hours to be completed in years 6–10 of the cycle
- 3. Cognitive Expertise**  
Diplomates must pass a cognitive examination prior to the expiration date on their certificates  
All current MOC requirements must be met before sitting for an examination
- 4. Performance in Practice (PIP)**  
Diplomates are required to complete 3 PIP units over the 10-year MOC cycle, each of which contains 2 modules (chart reviews and second-party external review)  
First PIP unit to be completed in years 1–3  
Second PIP unit to be completed in years 4–6  
Third PIP unit to be completed in years 7–9

<sup>a</sup>Adapted from American Board of Psychiatry and Neurology, Inc (ABPN).<sup>3</sup>  
Abbreviation: CME = continuing medical education.

**Table 3. Phase-In Schedule for the ABPN Maintenance of Certification (MOC) Component Requirements (rev 2/22/2009)<sup>a</sup>**

Original Certification Year or Recertification	MOC Application Year	MOC Examination Year	CME Credits Required	First SA Activity Required	Second SA Activity Required	First PIP Unit Required	Second PIP Unit Required	Third PIP Unit Required
2000	2009	2010	120					
2001	2010	2011	150	X				
2002	2011	2012	180	X				
2003	2012	2013	210	X				
2004	2013	2014	240	X	X	X		
2005	2014	2015	270	X	X	X		
2006	2015	2016	300	X	X	X	X	
2007	2016	2017	300	X	X	X	X	X
2008	2017	2018	300	X	X	X	X	X
2009	2018	2019	300	X	X	X	X	X
2010	2019	2020	300	X	X	X	X	X

<sup>a</sup>Reprinted with permission from American Board of Psychiatry and Neurology, Inc (ABPN).<sup>3</sup>  
Abbreviations: CME = continuing medical education, PIP = performance in practice, SA = self-assessment.